

The Wild Book Outdoor Activities To Unleash Your Inner Child

The backyard has long been a space associated with recreation and relaxation, a private patch of earth to escape to, and a springboard for the imagination. In her signature style and drawing on her personal experience as a mother, gardener, and author, Amanda Thomsen encourages kids to create kingdoms of their own making, right in their own backyards. With whimsical projects for every season and any setting, from forest to pavement, fun-seeking kids and their families will rediscover the yard as a place for inspired play, using repurposed materials and existing features of outdoor spaces. Whether they're creating tiny gardens inhabited by action figures, weaving a secret hideaway out of a loom of twine and twigs, or setting sidewalk cracks on fire with Coffeemate, Backyard Adventure lets kids of all ages turn their yards into a place they can call their own.

"With a naturalist's keen eye and the sense of adventure of an explorer, Doug Alderson reveals a compelling glimpse of Florida. Wild Florida Adventures proves that there's so much more to the Sunshine State than condos and theme parks." Conor Mihel, editor-at-large, Canoe & Kayak Magazine "Only consummate Florida outdoor writer Doug Alderson could have penned such a delightful - and practical - guide to exploring the state's natural wonders." Jennifer Portman, Tallahassee Democrat senior writer. "I've had a great time traipsing around the Florida rivers and trails with Doug Alderson, and as a Florida native, I learn something new every trip. I'm very excited about this book... so I can help unlock the secret places Doug knows about and I haven't been!" Bryan Desloge, President, Florida Association of Counties On land or water, Florida is a wild playground because of its incredible beauty, diversity and vast stretches of public lands. In Wild Florida Adventures, author and photographer Doug Alderson will inspire you to pick up a paddle or lace up the hiking boots and start exploring the Sunshine State. From kayaking the length of the Florida Keys to searching for record-sized trees in a huge swamp to meeting the famous naked man of the Santa Fe River, this complementary sequel to Wild Florida Waters takes readers into Florida's unique places. A couple of favorite rivers such as the Suwannee and Wekiva are revisited with a different twist, and land adventures include a journey through the botanical wonderland of Torreya State Park, an exploration of a wild cave near Marianna, and a frigid campout in the Osceola National Forest with former Florida senator and governor Lawton Chiles. One out-of-state adventure—trying to tackle the mighty Mississippi River by canoe—has been added because it reveals the shortcomings of planning a long-distance trip a thousand miles away in Florida. The results are disastrous—and funny. Useful how-to information at the end of each chapter helps people plan their own adventures.

Nature is a destination, but you don't have to travel anywhere to find it. Just open the door and step outside. A fun, hands on approach to getting involved in nature, The Kids' Outdoor Adventure Book is a year-round how-to activity guidebook for getting kids outdoors and exploring nature, be it catching fireflies in the cool summer evenings; making birdfeeders in the fall from peanut butter, pine cones, and seed; building a snowman in 3 feet of fresh winter snow; or playing duck, duck, goose with friends in a meadow on a warm spring day. The Kids' Outdoor Adventure Book includes 448 things to do in nature for kids of all ages--more than one activity for every single day of the year. Each of the year's four seasons includes fifty checklist items, fifty challenge items, three each of projects, destinations, garden recipes, and outdoor games. Throughout the book, you'll also find fascinating facts, useful tips and tricks, and plenty of additional resources to turn to. Complete with whimsical, vibrant illustrations, this book is a must for parents and their kids.

A fun-filled outdoor activity book, based on four bestselling picture books by Julia Donaldson and Axel Scheffler.

DOWNLOAD THREE FREE SAMPLE RECIPES FROM DIRTY GOURMET More than 120 deliciously modern recipes for day trips, car camping, and backcountry adventures Offers a fun and easy approach to planning and prepping camp food The Dirty Gourmet authors were recently featured in Sunset magazine and other national media "Dirty Gourmet" is really a lifestyle, one that celebrates delicious food, warm company, and outdoor fun. It emerged as a website and blog when friends Aimee Trudeau, Emily Nielson, and Mai-Yan Kwan joined forces to share their love of wilderness, outdoor education experiences, and knowledge of backcountry cooking through classes, workshops, catering events, and easy yet exciting recipes. Now, their new book, Dirty Gourmet: Food for Your Outdoor Adventures, extends their mission to get more people to eat well outdoors and have fun doing it! It emphasizes healthy eating with fresh ingredients, efficient techniques, and global flavors. Breakfast, trail meals, sweet and savory snacks, dinners, appetizers, side dishes, desserts, even refreshing camp drinks—it's all here! Camp cooks can choose recipes based on the type of activity they are pursuing—from picnics, day hikes, and car camping to backcountry adventures by foot, bike, or paddle—as well as find recipes perfect for large groups. Recipes are organized by activity: Car campers can relax around the fire with Ember Roasted Baba Ghanoush and Mason Jar Sangria before diving into One Pot Pasta Puttanesca and Grilled Green Bean Salad, with Maple Syrup Dumplings for dessert. Day hikers will want to take a break on the trail with Spicy Tofu Jerky and Curried Chickpea Salad or maybe a Pressed Sandwich with Sundried Tomato Pesto. Backpackers can start their day with Fried Grits Scramble with Greens, Leeks, and Bacon and recharge in the evening with Soba Noodles with Sweet Chili Chicken and a Hibiscus Chia Cooler. To simplify packing and planning, each section offers a base kit checklist of needed supplies along with tips on getting organized, preparing ingredients, and cooking with different methods. Complemented by full-color photos, each recipe features insights from the authors, any additional tools needed, quick-reference icons, step-by-step instructions for what to prepare at home and in camp, plus creative variations.

Let the Adventure Begin! In the spirit of The Dangerous Book for Boys these are great—unplugged!--ideas for everyone. Are you feeling overwhelmed, stressed-out, and maybe even a little beaten down by the everyday grind? You need to go a little bit wild! Remember what it was like to be a kid, or have the awesome outdoor adventures you never quite got to experience with the delightful activities in the aptly named Wild Book. No matter where you live, or how old you may be, it's never too late to have an adventurous childhood. This book was created to get you out of doors and into nature, with

dozens of activities to try, from treasure hunts to woodcrafts to folk dances and outdoor cooking. Fully illustrated with helpful and whimsical drawings that make it easy to weave that floral crown, prank passersby with mysterious crop circles, or play a game of ultimate Frisbee. Table of Contents: Activities include . . . Midsummer Flower Crown Mudlarking Cloudspotting Stargazing Treasure Hunts Outdoor Pizza Oven Build Kites Navigate Using the Stars Make a Water Wheel Steep Sloe Gin Bird Calling Bird Watching Campfire Cooking Ultimate Frisbee Parkour Panning for Gold . . . and much, much more

"This large-format book introduces a cornucopia of ideas for outdoor activities, along with mesmerizing color photos of children and teens creatively enjoying themselves in fields, woods, and backyards, and at rivers and beaches. The text and safety tips are aimed at parents and counselors organizing activities in the wild, but the high-quality color photos will draw a younger audience as well. ...From skimming stones to making leaf masks to whittling walking sticks to following treasure trails, here's an enticing array of ideas for outdoor fun and wilderness discovery." - Booklist Following the success of Nature's Playground, Go Wild and Make it Wild, in their latest book, Run Wild, Jo Schofield and Fiona Danks focus on inspiring children of all ages -

Fiona Danks and Jo Schofield are back with more wonderful ideas for fun outdoors even in the most challenging weather! Imagine - jumping in the biggest puddle you can find! - Or running barefoot and feeling squidgy mud ooze up between your toes! - Or run up the nearest hill to feel the wind try to carry you away! When it's wet, or windy or cold, there's no need to stay cooped up indoors; it's a great opportunity to rush outside for some fun. - Go on an animal hunt and find the creatures that come out in the wet. - Fly a kite in the wind and catch falling leaves. - Take your camera into a white world and see how many different icy patterns and shapes you can find. There are loads of exciting and creative things you can do in the natural world when the weather's wild. So don't wait for the sun: take this book with you and go outdoors for a wild weather adventure!

Young people these days are often homebound, entertaining themselves with the Internet, television, video games, and text messages, but completely disconnected from the reality of the great outdoors. Many have never experienced simple pleasures such as telling stories around a warm campfire, camping outdoors, or whittling a stick. Go Wild! is the perfect book for families with children ages 10 to 14 wanting to get in touch with the natural world. The authors describe a range of wild and fun adventures for families to share. Readers learn potentially life-saving skills that give them confidence, independence, and a sense of environmental awareness. Topics include building shelter, building a fire, foraging for food, cooking outdoors, tools and weapons, bushcraft skills, water and keeping clean, and safety. From making a catapult to catching crayfish, creating fire without matches to constructing a tepee, Go Wild! is all about thrilling activities, amazing discoveries, and young people having the time of their lives in the great outdoors.

Richard Skrein can be found in the woods and on the coastlines of Europe and beyond, and is an Adventures, games and crafts to get you outdoors all the year round. Playing outdoors should be an essential part of growing up; developing your imagination, keeping fit and letting the wild world weave its magic spell on you. In The Wild Year Book, Fiona and Jo have selected 70 of their favourite activities to help you enjoy spending time outdoors, season by season. Perhaps you'll want to play camouflage games in Spring and make enormous bubbles in the summer, challenge your friends to a foraging bake-off in the autumn, or create ice mobiles in the winter. With this book you will never be short of inspiration! Over 100,000 copies sold of Fiona and Jo's Going Wild series.

Get outdoors and have amazing real-life adventures with an inspirational guide from adventurer, world-record breaker, and British TV personality Helen Skelton. From kayaking the length of the Amazon to biking to the South Pole and running an ultramarathon across the Namib desert, Helen Skelton shares the stories of her most daring feats of endurance and grit in some of the world's most extreme wildernesses--overcoming challenges, embracing her fears, and finding the positives in the toughest situations. Alongside each exciting account are ideas for outdoor adventures readers can have closer to home, as well as gear lists, information about Helen's support teams, statistics, tips for physical and mental preparation, and a Wild Girl Wall of Fame featuring the diverse women who inspired Helen with their own achievements. A likable, no-nonsense tone paired with a combination of photographs and fun art will inspire young people to get outside and dream big.

The Wild Book Outdoor Activities to Unleash Your Inner Child Trapeze

Get close to nature with this outdoor project book for kids. This is the perfect gift for adventurous children, as they play their way through 40 crafts and games to be done outside. You don't need to live near a forest or have a huge garden to have a go at these projects--the activities and crafts in this book can be done on-the-go, in your neighborhood, or at your local park. Discover the magic of the outdoors and get hands-on with activities that are perfectly suited for young children, as you collect treasure on a nature walk, learn to identify animals from their tracks, create wild art, whittle a magic wand from a stick, and build a twig teepee. There are also mindful games that encourage children to tune into their senses and feel connected to their surroundings. Whether your child loves the great outdoors, or could benefit from spending more time away from screens, research shows that playing, learning, and being free in nature boosts children's development and helps them to grow in confidence. Get inspired by nature, be creative, and feel free.

"Leonard's durable tome (seriously, the cover is rubber) is stuffed with so many tips about surviving in the wild, you'll be able to leave your smartphone behind." —Entertainment Weekly, Best New Books This easy introduction to outdoor life will ensure that even a novice won't get lost in the woods while finding an activity he loves to do in the great outdoors--whether it's hiking a 14er or camping on ice. With 400 strategies for engaging in the outdoors, and expert tips and tricks, Surviving the Great Outdoors makes Mother Nature easier to understand than ever before. Brendan Leonard, writer, filmmaker, and outdoor adventurer, shows the reader how rewarding it can be to live life away from the computer and get outside. From mountain climbing, to skiing, sledding, and sailing, Leonard shows that you don't need to be a risk taker to enjoy the outdoors. And if the reader does find himself at the point of man vs. nature, Leonard shares survival skills from how to bandage a wound and read a topographical map, to how to drive on sand and remove a tick from your skin—all organized thematically and written in short takeaway entries with helpful line drawings. Bound in a uniquely rugged (and waterproof!) PVC cover material, Surviving the Great Outdoors is a friendly way into the outdoor lifestyle, whether you're looking to dabble or go all in.

From Wild + Free, a wonderful collection of creative activities for parents, educators, and caregivers filled with engaging and fun ideas to help kids fall in love with literature and reading. Foster a love of reading in your child with Wild + Free Book Club. An invaluable educational resource curated by Wild + Free families around the world, this full-color illustrated book offers imaginative suggestions for creating themed book clubs for kids. Here are hands-on activities, games, food, and decoration ideas inspired by a carefully chosen list of beloved classic novels, as well as discussion questions about plots and themes that engage kids minds and sparks their curiosity. Wild + Free Book Club is filled with fun ideas for each book, including: Anne of Green Gables—host a picnic tea party The Secret Garden—craft a terrarium, a secret garden of your own Charlotte's Web—host an old-time country fair The Lion the Witch and the Wardrobe—turn your front door into a magical portal to Narnia With step-by-step instructions, lush photography, and family-tested and kid-approved activities, Wild + Free Book Club will help parents and educators inspire children and instill a lifelong passion for literature and the joy of books. The Wild + Free Book Club reading list: The Adventures of Tom Sawyer Anne of Green Gables Around the World in 80 Days Black Beauty Charlotte's Web The Crossover Esperanza Rising The Evolution of Calpurnia Tate Farmer Boy From the Mixed-Up Files of Mrs. Basil E. Frankweiler The Green Ember Heidi The Hobbit Island of the Blue Dolphins The Lion, the Witch and the Wardrobe Little House in the Big Woods A Little Princess Little Women Mrs. Frisby and the Rats of NIMH My Side of the Mountain Peter Pan Pippi Longstocking Robin Hood Roll of Thunder, Hear My Cry The Secret Garden The Swiss Family Robinson Treasure Island The Vanderbeekers of 141st Street

Cool Maps and Geocaching makes the great outdoors fun and exciting. Learn the fun of geocaching. What to put in a secret cache, where to hide it. Create your own compass to find a cache and write in an adventure journal. This book is full of easy-to-follow steps and bright photography for every activity. Plus, it's written just for kids! Aligned to Common Core Standards and correlated to state standards. Checkerboard Library is an imprint of Abdo Publishing, a division of ABDO.

The Activity Book That Makes Kids Wild About Nature Nature books for kids should get them excited about heading out into the great outdoors. This one encourages them to track, explore, discover and create. Unlike some nature books for kids, the Exploring Nature Activity Book for Kids, is filled with hands-on educational outdoor activities--like crafting bird feeders out of fruit, pressing flowers, creating sundials and so much more. The Exploring Nature Activity Book for Kids includes: 50 AMAZING OUTDOOR PROJECTS--See how nature books for kids can inspire a lifetime of curiosity by using play to encourage natural observation. ACTIVITIES FOR EVERYONE, EVERYWHERE--Discover fun and educational outdoor activities designed for a variety of seasons, regions, and age ranges. WILD COLORS--Color illustrations bring activities to life, provide further instruction, and get kids excited about going outside. The hands-on, get-dirty approach makes this one of the best nature books for kids and shows them what makes the great outdoors great.

• The author is a distinguished member of the Explorers Club • The author is an unexpected adventurer, disarmingly positive and companionable • Lively stories of remote treks around the world Way Out There is an account of J. Robert Harris's extraordinary exploits while backpacking in some of the world's most tantalizing places?largely alone and unsupported. And after almost fifty years of wilderness travel, "J. R.," as he's known, has plenty of tales to tell! His stories are by turns funny, tragic, and uplifting, and are all told in his down-to-earth, friendly style. For J. R., it all began in 1966 when, as a young New Yorker, he impulsively drives his VW Beetle across the country to the very end of the northernmost road in Alaska, searching for an answer to a simple question: What is it like to be way out there? How this happened, whom he met, and what he encountered along the way became the foundation for a lifelong attraction to trekking and adventure travel. Subsequent chapters chronologically explore some of his many journeys, revealing an enduring wanderlust honed by his emerging maturity and outdoor skills. Stories of J. R.'s solo treks point to stark contrasts between his urban upbringing and his wilderness wanderings, while tales of adventure with small but diverse groups of friends are enriched by their collective experiences and varying viewpoints about exploration. Way Out There is a lively yet introspective book by a restless soul that will attract countless readers who love to travel, as well as armchair adventurers and communities looking for outdoor role models. The foreword is by the late Dr. Roscoe C. Brown, Jr., one of the famed Tuskegee Airmen fighter pilots during World War I

• Chronicles the first all-African American summit attempt on Denali, the highest point in North America • Part adventure story, part history, and part argument for the importance of inspiring future generations to value nature The nation's wild places—from national and state parks to national forests, preserves, and wilderness areas—belong to all Americans. But not all of us use these resources equally. Minority populations are much less likely to seek recreation, adventure, and solace in our wilderness spaces. It's a difference that African American author James Mills addresses in his new book, The Adventure Gap: Changing the Face of the Outdoors. Bridging the so-called "adventure gap" requires role models who can inspire the uninitiated to experience and enjoy wild places. Once new visitors are there, a love affair often follows. This is important because as our country grows increasingly multicultural, our natural legacy will need the devotion of people of all races and ethnicities to steward its care. In 2013, the first all-African American team of climbers, sponsored by the National Outdoor Leadership School (NOLS), challenged themselves on North America's highest point, the dangerous and forbidding Denali, in Alaska. Mills uses Expedition Denali and its team members' adventures as a jumping-off point to explore how minority populations view their place in wild environments and to share the stories of those who have already achieved significant accomplishments in outdoor adventures—from Mathew Henson, a Black explorer who stood with Peary at the North Pole, to Kai Lightner, a teenage sport climber currently winning national competitions. The goal of the expedition, and now the book, is to inspire minority communities to look outdoors for experiences that will enrich their lives, and to encourage them toward greater environmental stewardship.

45 step-by-step, illustrated activities that teach kids everything from how to see like an owl to build the world's coolest fort from sticks. (ages 8-12) Calling all adventurers! Want to know how to build a fort from nothing but sticks? Or find your way through the forest? This survival guide is your ticket to getting down and dirty in nature and learning to make the coolest things with your own two hands. Look inside to learn how to: • Use a knife without bleeding • Sleep in the woods

without freezing • Escape a bear without getting eaten • Poop in the woods without falling down • Find your way home without a GPS • Eat bugs without throwing up • And so much more!

When children are outside and interacting with nature, they learn lots about the world through fun, creativity and skill building. *Tiny Explorers: Into the Wild* is the first book in a series of beautifully illustrated activity books for children of all ages. With over 33 activities and heaps of ideas for outdoor fun, children will engage with nature like never before. They will learn how to watch wildlife, make nature-inspired art and so much more. This is the perfect way to keep even the tiniest of explorers entertained for hours. Each activity is carefully categorised so that you can see how much time, mess and skill it will involve, and the watercolour illustrations compliment the step-by-step activities perfectly. Loved this book? Want to find a way to store all of your memories and creations? Check out the companion workbook - *Tiny Explorers: Into the Wild: Build Your Own Nature Journal*.

The companion to *The Call of the Wild + Free*: styled in the lush aesthetic of the Wild + Free brand, a four-color book offering outdoor activities and essays, that parents, educators, and caregivers can use to inspire their children. *Wild and Free Nature* is a beautiful, four-color resource book for parents, educators, and caregivers to enjoy doing hands-on activities outside with kids. One of the core philosophies behind Wild + Free is the belief that nature is the best classroom we could ever hope for. It unlocks the imagination and inspires creativity in ways that a schoolroom never could. Being out in nature has a number of benefits. Studies show that children are more likely to interact with kids of different ages and learn to problem solve in natural settings. Being in natural settings stimulates the brain and restores cognitive function. Children who spend time in natural settings also interact better with kids of all ages and learn to solve problems more easily. They build muscle and coordination and fend off obesity. It cultivates a sense of responsibility for caring for the earth, not to mention, encourages imaginative play, curiosity, and other qualities necessary to spark a love for investigation and learning. This resource book will help equip parents and adults who work with children to get them outdoors with activities such as: Build a treehouse in the woods. Cultivate a garden plot. Make land art and nature crafts. Create a mud kitchen in the backyard. Go for a nature walk each morning. Find a secret swimming hole. Go to the creek to learn about the water cycle. Plant a garden to see what will grow in your backyard. Raise monarch caterpillars and feed them milkweed until they transform into butterflies. Set up a birdwatching station in your front window equipped with binoculars, notebooks, and bird guides. Make a wilderness fort with the fallen branches from trees. With the same lush photography as *The Call of the Wild + Free*, this book includes step-by-step pictures that show parents how to do the activity, and essays on the importance of nature in a child's life.

No child can walk through a puddle of mud without a gigantic smile, and while the stuff might be the spring-time bane of grownups, children just love mud. *Muddy Boots* targets kids and families who value outdoor exploration and grandparents who long for their grandchildren to have the same unfettered time in nature as they did. The book features a wide range of hands-on activities for kids, including mud play, forts, animal tracking and forest wisdom, foraging, insects and worms, bird watching and bird feeding, and many small things for kids to make. Although not primarily about mud, the activities do encourage all hands to get dirty as they explore the world around them.

Let your imagination run wild with over 100 magical outdoor adventures in this fantastical activity book. Track dragons, brew witches' potions, build snow unicorns, discover trolls, and bring tree monsters to life and lots more as you get creative, learn new skills and take a giant leap into the world of Wild Things!

"A fun, inventive adventure guide about helping children explore nature after dark . . . Its activities are a great excuse to turn off the television, set down smartphones, and explore the rich, mysterious world just beyond the back door."—Foreword Reviews The go-to guide for exploring nature at night, whether on summer holidays, weekends away or even back garden adventures! Foreword by Chris Packham, author, naturalist, and BBC presenter Learn how to call for owls, walk like a fox and expand your sensory perceptions. *Wild Nights Out* is a wonderful new hands-on guide for those who wish to take kids (of all ages) outdoors for fun, thrilling nighttime nature adventures. Parents, grandparents, teachers and nature educators alike will discover a wealth of unique activities to explore the natural world from dusk till dawn. Alongside games, walks and exercises to expand our senses, storyteller and outdoor educator Chris Salisbury will bring this unexplored nocturnal dimension to life with lore about badgers, bats and minibeasts as well as tales of the constellations and planets to share around the campfire. In *Wild Nights Out* you can expect to find: 25 fun and informative games and activities Practical information on how to conduct night walks safely Animal facts and stargazing stories Beautiful black-and-white illustrations throughout Nature has so much to offer at night, so let *Wild Nights Out* be your guide to the dark. It will boost the resilience and self-confidence of children and adults, and instill a lifelong love of having fun in the outdoors when the sun goes down.

Provides practical information for introducing children to wilderness adventures, suggests nature activities, and discusses child's gear and safety issues

Illustrated instructions for 365 outdoor activities for young people to discover, observe, explore, and create.

A facsimile edition of the tattered notebooks of the Unknown Adventurer, this love letter to the wild details everything you need to know about how to live and thrive in nature, from the principles of treehouse building to wilderness first aid. If you are reading this, it means my notebooks have been found. I am leaving them here at camp for safekeeping along with a few other belongings that I won't be taking with me. The notebooks are a lifetime's worth of knowledge, which I'm passing on to you. So reads an excerpt from the weatherworn letter discovered by nature enthusiast Teddy Keen on a recent trip to the Amazon, along with sketchbooks filled with details of extraordinary adventures and escapades, expedition advice, and survival methods, annotated with captivating colored-pencil drawings. It is thought that the sketchbooks were created for two young relatives of the author. Drawing on Teddy's knowledge of the outdoors, the pages of the sketchbooks have been carefully transcribed for young readers, as they were originally intended. You'll be transported by riveting adventure tales from around the globe, like being dragged off by a hyena in Botswana, surviving a Saharan dust storm, being woken by an intrepid emperor penguin in Antarctica, and coming face-to-face with a venomous bushmaster (one of the most dangerous snakes on the planet)—all told in lyrical prose and illustrations that wonder at the mysterious beauty of the wild. Having inspired the adventurous spirit in you, the Unknown Adventurer encourages you to set out on your own adventure with information on wild camping, rafting, exploration, and shelters and dens, plus tips on first aid and tying knots. Expert instructions on wilderness basics, like building a fire, what to do if you get lost, and how to build various types of shelters are accompanied by more specific skills culled from many years of experience, like baking campfire bread, creating a toothbrush from a twig, making a suture from soldier ants, and even how to pan for gold. Find your way back to your primal self with the immersive text and glorious color artwork of this one-of-a-kind adventure book. REMEMBER: be good, be adventurous...and look after your parents.

The stick is a universal toy. Totally natural, all-purpose, free, it offers limitless opportunities for outdoor play and adventure and it provides a starting point for an active imagination and the raw material for transformation into almost anything! As New York's Strong National Museum of Play pointed out when they selected a stick for inclusion in their National Toy Hall of Fame, 'It can be a Wild West horse, a medieval knight's sword, a boat on a stream, or a slingshot with a rubber band . . .' In this book Fiona Danks and Jo Schofield offer masses of suggestions for things to do with a stick, in the way of adventures and bushcraft, creative and imaginative play, games, woodcraft and conservation, music and more.

Perfect for inspiring kids to get out in the fresh air, this brilliant book is crammed full of outdoor activities and fun for children. As well as gaining some simple survival skills, children will learn more about the world around them and their place within it. Practical, creative and educational, the tasks concentrate on leaving only a positive trace, while enjoying the great outdoors.

A practical, dip-in guide, packed with over 100 outdoor activities for children. In an era when the iPad is often more appealing than the park, it can be difficult to encourage kids to get off the couch and spend time outside. In this inspirational book, with ideas for children of all ages, there are over 100 imaginative ways for children to keep busy and have fun outdoors. They can enjoy outdoor crafts such as making leaf art bunting, a dream catcher, or their own toy raft, or get physical and burn off some energy with beach hopscotch, animal tracking, and developing their hunting and gathering skills. Or perhaps they would like to relax and enjoy some star-gazing or pond-dipping instead. There are fun activities to help kids get up close and personal with nature by making a wormery and a bug attractor, doing some investigative ant experiments, and putting on their own gastropod race! The book includes handy reference pics to help children identify plants, flowers, and wildlife, so as well as enjoying the great outdoors, they learn to understand and appreciate their surroundings too.

In a world in which we're never far from our phones or tablets, computers or consoles, we can often be blind to the joy that can be found in the great outdoors. We're building worlds in Minecraft when we could be building a raft; we're watching the latest Netflix show when we could be gazing at the stars; we're idly scrolling on social media when we could be strolling through woodlands; we're internet shopping when we could be panning for gold. Our phones may be smarter, but our experiences have shrunk down to the size of the screens in front of our eyes. The Wild Book is here to re-acquaint us with the wonders that await in the outside world. Beautifully produced, full of fun, easy-to-do games and activities - including how to make sloe gin, climb trees, build a fire, identify different cloud formations and make a shelter - this is the ultimate book to unleash your inner child.

There are times when keeping your young children occupied and entertained can be a real challenge, no matter how super-organized or imaginative your parenting skills. This is where *The Big Book of 100 Outdoor Activities*, a bumper book of boredom-busting fun, comes in. The aim is to provide parents with loads of simple and quick activities and creative ideas, to engage and entertain their children and encourage them to learn more about their natural environment. Activities are grouped into eight handy sections: Wildlife Spotting In the Garden Messy Makes Arts and Crafts Games Rainy Day Activities Outdoor Cooking Music Dressing up Each one is packed with things to do that range from spur-of-the-moment creative play, involving little or no preparation, to mini projects with step-by-step instructions. No matter what your pre-schooler is into, there will be something to stimulate their senses. These are just a few of the ingenious ideas: making a baking soda rocket, painting with fruit, growing your own pizza toppings, feather printing and making a bug hotel to cooking smores, pressing flowers, leaf rubbing and wildlife spotting. The benefits of being outdoors in a leisure context are widely acknowledged across a range of disciplinary perspectives (including tourism, therapeutics, education and recreation). These benefits include the development of: health and wellbeing; social skills; leadership and facilitation skills; personal, emotional and reflective abilities; confidence and identity creation. Drawing on a variety of perspectives, geographies and approaches, this book explores the opportunities that leisure in the outdoors provides for learning, developing and challenging. The authors in this collection challenge dominant discourses of outdoor leisure through their selection of outdoor activities, theoretical approaches and modes of representation. All offer fresh insights and thinking into how leisure in the outdoors can be understood. The book covers a range of outdoor conceptualisations that challenge the reader to think deeply and broadly about the common threads which bind the broad field of outdoor leisure together. The experiences explored in this book range from suburban outdoors to wild places, surfing to mindful reflection, and trail walking to Nordic skiing, and encompass a broad spectrum of people.

"A wealth of ideas for adults to engage children and themselves in the wonders of the natural world with suggested activities for all seasons."?Robert Bateman, artist and author of *Life Sketches: A Memoir* *The Big Book of Nature Activities* is a comprehensive guide for parents and educators to help youth of all ages explore, appreciate, and connect with the natural world. This rich, fully illustrated compendium is packed with crafts, stories, information, and inspiration to make outdoor learning fun! *The Big Book of Nature Activities* features: · Nature-based skills and activities such as species identification, photography, journaling, and the judicious use of digital technology · Ideas, games, and activities grounded in what's happening in nature each season · Core concepts that promote environmental literacy, such as climate change and the mechanisms and wonder of evolution, explained using a child-friendly, engaging approach · Lists of key species and happenings to observe throughout the year across most of North America

Join TV's *Survivorman* on twelve edge-of-your-seat adventures as he proves anyone can be an outdoor explorer. From surviving a frigid night in northern Canada to munching on grubs in the Australian Outback, Les Stroud's passion for the outdoors has driven him to some of the planet's most remote and beautiful locations. In *Wild Outside*, he invites readers into his world of wilderness adventures with fast-paced stories, nature facts, and practical advice for spending time outside. Featuring kid-friendly activities and tips like how to safely observe wildlife, Stroud shows readers that adventure awaits everywhere--whether in a jungle or a city park. Andrew P. Barr's dramatic illustrations amp up the excitement alongside photos of *Survivorman*'s adventures.

The companion to *The Call of the Wild and Free*: a beautiful, full-color illustrated "boho-chic" workbook, styled in the aesthetic of the Wild + Free brand, offering crafts, activities, essays, prompts, and more parents, educators, and caregivers can use to inspire their children. Wild + Free is an online community started by Ainsley Arment, mom and homeschooler of five, who was inspired by the spirit of Henry David Thoreau: "All good things are wild and free." The Wild + Free method is grounded in providing children a quality education, but equally important, ensuring that they experience the adventure, freedom, and wonder of childhood. Modeled after the booklets sent to Wild + Free monthly subscribers, and including contributions from others in the Wild + Free community, this full-color supplemental resource is filled with creative and intellectually stimulating ideas and hands-on activities parents, educators, and caregivers can use to nurture their child's curious spirit and imagination. This visually arresting resource is organized around helpful themes such as "Wander," "Belong," "Family," and more. This modern primer includes 100 beautiful and inviting photographs, thematic essays, how-to activities, crafts, and helpful guided experiences any family can use. This Wild + Free Supplemental book is ideal for homeschooling parents as well as parents and caregivers looking for extra activities and ideas

to stimulate the imaginations of traditionally educated children after school, on weekends, or during vacations.

Girls belong outdoors! This handbook covers everything you need to get outside, including ideas for what to do, camping and hiking basics, body stuff in the wilderness, advanced skills like maps, weather, and first aid, as well as recipes, projects, activities, and profiles of inspiring outdoorswomen. Your definitive guide to getting outside--for girls ages 9-12! In addition to basic outdoor skills, this entertaining guidebook includes easy camping recipes, outdoor projects including science experiments and crafts, fun activity suggestions, and inspiring stories of diverse historical and contemporary outdoorswomen (such as Arunima Sinha, the first amputee woman to summit Mount Everest; Juliette Gordon Low, founder of the Girl Scouts; and Libby Riddles, first woman to win the Iditarod). The goal is to improve the quality of girls' outdoor time by increasing participation and independence, making them feel comfortable and safe, and giving them essential skills and knowledge. Charming and approachable, this book will encourage both reluctant campers and budding naturalists to go wild and embrace the outdoors.

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