

Impossible Is Stupid By Osayi Osar Emokpae

You have ideas and dreams but you have not been able to start doing something meaningful and significant to transform what is in your mind into reality. You talk about what you plan to do, share it with your friends but you are unable to break out of that inertia and get yourself to actually do what is expedient for you to experience success. Success is a very intentional process. When you take action towards actualizing your dream and goals, you unleash a power within you which will take you through the process until you manifest success. You can start from where you are right now, using the resources at your disposal to pursue and work out your dream, no matter what it may be, and experience success beyond your highest expectations.

No description available

Smart, strong, independent—single women can live a fabulous life. Husband not required. Mandy Hale, also known by her many blog readers and Twitter fans as The Single Woman™, shares her stories, advice, and enthusiasm for living life as an empowered, confident, God-centered woman who doesn't just resign herself to being single—she enjoys it! Being single has had its stigmas, but Mandy proves it has its advantages too, and she uses wisdom and wit to inspire her fellow single ladies to celebrate and live fully in the life God has given them. Mandy encourages her readers on subjects such as taking chances, building friendships, letting go, and finding a greater purpose. With her help, readers can

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stop worrying about happily ever after and discover a happy life instead.

Becoming a writer begins with a simple but important belief: You are a writer; you just need to write. In "You Are a Writer," Jeff Goins shares his own story of self-doubt and what it took for him to become a professional writer. He gives you practical steps to improve your writing, get published in magazines, and build a platform that puts you in charge. This book is about what it takes to be a writer in the 21st Century. You will learn the importance of passion and discipline and how to show up every day to do the work. Here's what else you will learn:

- How to transition from wanting to be a writer to actually being one
- What "good" writing is (and isn't)
- How to stop waiting to be picked and finally choose yourself
- What it takes to build a platform
- Why authors need to brand themselves (and how to do it)
- Tips for freelancing, guest blogging, and getting published in magazines
- Different ways to network with other writers, artists, and influencers
- The importance of blogging and social media and how to use it well to find more readers and fans of your writing

"You Are a Writer" will help you fall back in love with writing and build an audience who shares your love. It's about living the dream of a life dedicated to words. AND IT ALL BEGINS WITH YOU.

Table of Contents Introduction Part 1: Writing You ARE a Writer: Claiming the Title Writers Write The Myth of Good It Gets Tough Part 2: Getting Read Three Tools Every Writer Needs You Need a Platform Your Brand is You Channels of Connection Part 3: Taking Action Getting Started Before Your First Book When the Pitching Ends

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What Next?

Impossible Is Stupid⁵⁷ Truths to Help You Beat Loneliness and Depression and Live the Fabulous Life You Always Wanted author or representative Marriage is a Miracle! God made it so. Today, all around the world, more men and women have made commitments to spend the rest of their lives together with only one person. They have vowed that they will love, honour and treasure that individual as long as they live, whether things turn out good or bad. In Marriage is Beautiful, Author Kalu Igwe Kalu unveils to you the beauty of marriage. This masterpiece will teach you how to know and experience the beauty of marriage on a deeper level and participate in that which makes such continuing, beautiful marital relationship achievable. You will also gain knowledge of how to love and satisfy your partner in ways that are out of this world. It is very beautiful to find out how to grow and flourish in matrimony; fostering a close bond and living with maturity that makes your marital relationship a safe place for each of you. This work of a genius will empower you to rediscover yourself with profound accomplishment to live a totally fulfilled life and make the world a better place with your married love.

'It's All About You' is about how to improve yourself by simply using what is around you. The book covers food and nutrition, fitness and grooming, all aspects of art; and travelling both nationwide and internationally. 'It's All About You' interlinks all of these subjects, showing how they overlap, intertwine, and how they can be used to improve yourself and your personal development.

File Type PDF Impossible Is Stupid By Osayi Osar Emokpae

Offers women advice for bringing out their seductive nature, suggesting how to copy role models, create sensual environments, experiment with stripping or bondage, and use sexual devices and aphrodisiacs. In this poetry collection, Cries from the Ocean, Ojotisa is carving a place for himself in the literary fora, reminiscent of the second generation poets in Nigeria. The collection adopts the commoners' language but retains its mark in literary depth and deft. Here, the poet-persona is pre-occupied with the multifarious colours of death and incarnations, love and its ultimate fulfilment and, the spiritual cum physical struggles of the land and its peoples. This collection, assuredly, will leave readers filled with wonder and delight.

Purpose Driven Romance The last thing singles want is more rules. But if you're looking for an intentional, God-pleasing game plan for finding a future spouse, Joshua Harris delivers an appealing one. A compelling new foreword, an all-new "8 Great Courtship Conversations" section, and updated material throughout makes this five-year revision of the original *Boy Meets Girl* a must-have! Harris illustrates how biblical courtship—a healthy, joyous alternative to recreational dating—worked for him and his wife. *Boy Meets Girl* presents an inspiring, practical example for readers wanting to pursue the possibility of marriage with someone they may be serious about. Are you ready for "romance with purpose"? If you're fed up with self-centered relationships that end in disillusionment, it's time to rethink romance. Finding the loving, committed relationship you want shouldn't mean throwing away your hopes, your integrity, or your heart.

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In *Boy Meets Girl*, Joshua Harris —the guy who kissed dating goodbye—makes the case for courtship. As old-fashioned as it might sound, courtship is what modern day relationships desperately need. Think of it as romance chaperoned by wisdom, cared for by community, and directed by God's Word. Filled with inspiring stories from men and women who have rediscovered courtship, *Boy Meets Girl* is honest, romantic, and refreshingly biblical. Keep God at the center of your relationship as you discover how to:

- Set a clear course for your romance
- Get closer without compromise
- Find support in a caring community
- Deal with past sexual sin
- Make the right decisions about your future

New! *Courtship Conversations* Eight ideas for great dates that will help grow and guide your relationship. Story Behind the Book "I wrote *I Kissed Dating Goodbye* to challenge singles to drop the worldly approach to serial dating and reconsider the way they pursued romance in light of God's Word. Since then, I've received letters asking questions like, So, what comes between friendship and marriage? and, How can you know when you are ready for marriage? *Boy Meets Girl* answers those questions. Now as a happily married man I can look back on my courtship with Shannon and see from personal experience that God is faithful. If you trust Him enough to wait on romance in dating, He will lovingly guide you as you pursue it in courtship...right to that wonderful moment when you kneel together at the altar." — Joshua Harris

The Smart Money Woman—An African girl's journey to financial freedom Meet Zuri. She's living a fabulous life.

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Great car, gorgeous apartment, well paid job. Meet Zuri. Broken down car, an apartment she cant afford, a job she's about to lose. What's a broke girl to do? With her best friends Tami (the flighty fashion designer), Lara (the tough oil and gas executive), Adesuwa (the conservative lawyer), and Ladun (the fabulous housewife), Zuri grows a little, learns a lot and navigates her way to making better financial decisions and building wealth. This book tackles, debt, spending, the consumerist culture of the African middle class, the fear and misconceptions surrounding money and the lack of it, love, friendships, cultural and societal pressures and the roles they play in success. With each chapter comes a Smart Money Lesson, there to help you work your way up the financial ladder.

Helene Cixous is widely regarded as one of the world's most influential feminist writers and thinkers. "White Ink" brings together her most revealing interviews, available in English for the first time. Spanning over four decades and including a new interview with the editor Susan Sellers, this collection presents a brilliant, running commentary on the subjects at the heart of Cixous' writing. Here, Cixous discusses her books and her creative process, her views on and insights into literature, philosophy, theatre, politics, aesthetics, faith and ethics, human relations and the state of the world. As she responds to interviewers' questions, Cixous is prompted to reflect on her roles and activities as poet, playwright, feminist theorist, professor of literature, philosopher, woman, Jew. Each interview is a remarkable performance, an event in language and

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thought where Cixous' celebrated intellectual and poetic force can be witnessed 'in action'. The accessibility of the interview format provides an excellent starting-point for readers new to Cixous, while those already familiar with her work will find unexpected insights and fresh elucidations of her thought.

In this book you'll discover:1. The importance of establishing a friendly relationship with a child 2. If you are a friend with your child?3. The importance of spending time together with your child4. Spend time together5. Consequences of lack of time with your child6. 3 main types of mutual activities7. Dining together as a way to build relationship8. How lunch time helps your child to be freer in communication and literacy9. The most important investment in your child is value system10. Maintain communication when physically distant from your child

Rachel Resnick hits her forties single, broke, depressed, and childless. Looking back over years of failed relationships, she identifies a lifelong addiction to love-an addiction to the unfulfilled fantasy of romantic bliss, marriage, and family, and to a string of sexual relationships that only carry her farther from that dream. As she peels back one raw layer after another, she must eventually confront the painful experiences of her childhood-and the difficult work of recovery that lies ahead. A groundbreaking, compulsively readable memoir, *Love Junkie* charts Resnick's path from destructive love to intimacy, from despair to hope, and cracks open one of our more elusive and pervasive modern-day addictions.

File Type PDF Impossible Is Stupid By Osayi Osar Emokpae

“A fantastical travel guide, reminiscent of Gulliver’s Travels,” from a narrator with “the eye of an anthropologist and the humor of a satirist.” —USA Today Hailed by Neil Gaiman as “a master of the craft” and Margaret Atwood as “a quintessentially American writer,” Ursula K. Le Guin is at her entertaining, thought-provoking best in this collection of ingeniously linked stories. Missing a flight, waiting in an airport, listening to garbled announcements—who doesn’t hate that misery? But Sita Dulip of Cincinnati finds a way to bypass the long lines, the crowded restrooms, the nasty food, the whimpering children and domineering parents, the bookless bookstores, the plastic chairs bolted to the floor. . . . With a kind of twist and a slipping bend, easier to do than to describe, Sita travels not to Denver but to Strupsirts, a picturesque region of waterspouts and volcanoes. Or to Djeyo, where she can stay for two nights with a balcony overlooking the amber Sea of Somue. This new method of “changing planes” enables Sita to visit bizarre societies and cultures that sometimes mirror our own . . . and sometimes open doors into the thrillingly alien. A New York Times Notable Book and Los Angeles Times bestseller, featuring illustrations by Eric Beddows, Changing Planes is your boarding pass to fifteen worlds that are vintage Le Guin, from a recipient of the PEN/Malamud Award for excellence in the art of the short story.

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Because You Deserve Love: A single girl's guide to healing from and dealing with breakups is just exactly that. After a breakup, you wonder what happened, what you could have done better, why this relationship didn't work. Often times the pain seems unbearable, you lose your confidence and you wonder if you'll ever be happy again. This book is a guide to help you deal with different aspects of the breakup: (contemplating a breakup, In the middle of a breakup, and life after a breakup), and to help you pick yourself off and live an amazing life, despite the challenges. Osayi Osar-Emokpae has done it again. For those of you familiar with her first mainstream book - Impossible is Stupid - you will not be disappointed with this long-awaited follow-up. Mensah Oteh, Speaker and Author, shares in the pages of this book the most profound wisdom keys to keep you inspired, encouraged, motivated and focused. The wisdom contained will provide you with the right words for the renewing of your mind especially during the times when you need it the most but also in communicating truthfully and sincerely with others. It will help you especially at those times when you might need the perfect words for a speech or in writing from to express what's in your heart or head. Each page will take you a few minutes to read, review and reflect on but each will keep you thinking long after you are done reading and will become entrenched deep down in your

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mind. The wisdom keys will help you can start each day with a measure of wisdom and inspiration to keep you motivated whilst taking charge of your life. Many of the words could become some of your personal philosophies and guiding principles, and will keep you on the straight and narrow.

Do you think it's impossible for your life to be fabulous? Do you think it's impossible to beat loneliness and depression? Do you think it's impossible for a single woman to be satisfied with her life? Haven't you heard? IMPOSSIBLE is STUPID! --- Praise for IMPOSSIBLE is STUPID Impossible is Stupid, what a title for a truly inspirational piece. Reading through the draft copy of the book, amidst my busy schedule was a time wellinvested. The book is filled with nuggets of wisdom to fight loneliness and live a fabulous life. Impossible is Stupid, is a paradigm shift from conventional book writing. Osayi, I salute your courage in daring to write this book. Caution: Read only when you are ready to make real decisions about your life. - Segun Akiode Nuggets for Nobles I loved it all. - Jackie Paulson My favorite chapter is 22 (stop cussin' yourself) This chapter really makes me cringe because I curse a lot when I'm angry and I never thought about how the words we use affect us more than the person we are using them on. It really makes me think twice about just shutting my mouth & not saying a word when I'm angry because if that's

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what it will take to make me better then amen to me!!

- Velia Ronquillo-Auk, Colorfulsweets, Stockton, CA
Funny, down to earth, practical and illuminating, the book will not only get you thinking but also acting.

Although written primarily for women, any man reading it will obtain many useful hints on enhancing their relationship with the woman in their life. - Ayo Adebamowo, UK Author of A Life of Impact This book is a must read for every woman! Impossible is stupid when you make the seemingly impossible issues in life possible! - Itohan Osayi, M, Wife and Mother Lagos, Nigeria Impossible is Stupid has been an added blessing in my life. I wish there was an android application and screensaver. What I like most is that each "beatitude" works without reading the paragraph that follows it, though you do want to read that. Thanks for your work. - Dege Vernet San Diego, CA Impossible is Stupid is honest, straight-forward, and easy to read for folks like me that don't read much. I could see myself gifting a book like this to a few people I know. - Mia Jones Cre3sol, Baltimore MD We Often Pray for God's Gift, but God's gift has been manifested to us through the life of this great daughter of Zion, Osayi Emokpae!! She is an inspiration to our generation today. Her book (Impossible is Stupid) will inspire, challenge, motivate and catapult you to another level. It will help you see your true self in the mirror, and challenge you to begin to take the necessary steps in God's

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direction as you unveil your true worth, and discover your true purpose; not just as a woman who has been through ups and downs in relationships, but as a child of God. Woman thou art loosed, for truly Impossible is Stupid. A dynamic book! One of a Kind!! A must Read!!! - Abies Adeyeri Miami, FL

INSTANT NEW YORK TIMES BESTSELLER
WINNER OF THE 2020 NAACP IMAGE AWARD FOR OUTSTANDING LITERARY WORK —
BIOGRAPHY/AUTOBIOGRAPHY NOW OPTIONED FOR DEVELOPMENT AS A TV SERIES BY PARAMOUNT TELEVISION STUDIOS AND ANONYMOUS CONTENT “The millennial Becoming . . . Inspiring and empowering.” —Entertainment Weekly “An essential read for women in the workplace today.” —Refinery29 Part-manifesto, part-memoir, from the revolutionary editor who infused social consciousness into the pages of Teen Vogue, an exploration of what it means to come into your own—on your own terms Throughout her life, Elaine Welteroth has climbed the ranks of media and fashion, shattering ceilings along the way. In this riveting and timely memoir, the groundbreaking journalist unpacks lessons on race, identity, and success through her own journey, from navigating her way as the unstoppable child of an unlikely interracial marriage in small-town California to finding herself on the frontlines of a modern movement for the next generation of change makers.

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Welteroth moves beyond the headlines and highlight reels to share the profound lessons and struggles of being a barrier-breaker across so many intersections. As a young boss and often the only Black woman in the room, she's had enough of the world telling her—and all women—they're not enough. As she learns to rely on herself by looking both inward and upward, we're ultimately reminded that we're more than enough.

Laney Keating's senior year of high school sucked. It began with one moment of weakness, one stupid gesture for a hopeless crush. Then the rumors started. Slut, they called her. Queer. Pillhead. Psycho. Mentally ill, messed up, so messed up even her own mom decided she wasn't worth sticking around for.

Dear friends, this book was birthed as a result of the pain I witnessed and also experienced as a single woman. My life evolved from desperation to acceptance, peace with self and with God, and finally, fulfilment as a single woman. I therefore wish to share my life lessons with you and be a source of encouragement to many single ladies out there. This book also goes a long way to change the wrong perception of singleness and to help people to realise that singleness is one of the best gifts in life with so many advantages that society is blinded to. If you are a single lady (most especially, one of the older ones of thirty-five years and above), this book

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will bring back your widest smile, brightest glow, and self-esteem. It will enlighten you about the true meaning of life and its purpose. The book will take you through the stages of self-discovery and the realignment of your priorities. It will equip you with practical guidelines of how to live a fulfilled life despite the increased singleness in our world today. You will get to know people who, despite being single, have great achievements and legacies. You will discover that you are not alone. To the relatives and friends of the single lady and the general public, you will not only be shown the reality of the discrimination and the negative effect of the pressure put upon unmarried women but also be helped to adapt the right attitude in supporting them in fulfilling life's purpose. To the church leaders and all Christians, you will discover the damage done by adopting wrong doctrines and attitudes towards single women. These doctrines are contrary to kingdom principles, and we need to know how they can be corrected.

A multidisciplinary analysis of sectarianism and bigotry in Scottish football. Sectarianism and bigotry are among the most publicly debated issues in Scotland, often reported in the newspapers as the "shame" of Scotland's national game. The current crisis in Scottish football includes high profile controversies and disorder related to bigotry and sectarianism which resulted in new legislation to tackle offensive behaviour in and beyond football grounds. In this collection, contributors from a range of disciplinary positions

File Type PDF Impossible Is Stupid By Osayi Osar Emokpae

present the latest empirical research evidence and social theory to examine and debate fundamental issues about bigotry in Scottish football and society. The topic has raised many questions. How should sectarianism and bigotry be defined and understood? What are the experiences and impacts of bigotry on different populations in Scotland? Are recent events unique or do they have historic precedents and contemporary comparisons beyond Scotland? What should be the response of government, football authorities, clubs, football supporters and other institutions and organisations in Scotland regarding legislation? What vision should we have for a future Scottish society and its diverse population? Bigotry, Football and Scotland will appeal to all those interested in Scotland's national game, the role of football in the 21st Century and how multicultural contemporary societies attempt to resolve prejudice and promote diversity. Featured in multiple "must-read" lists, No One Tells You This is "sharp, intimate...A funny, frank, and fearless memoir...and a refreshing view of the possibilities—and pitfalls—personal freedom can offer modern women" (Kirkus Reviews). If the story doesn't end with marriage or a child, what then? This question plagued Glynnis MacNicol on the eve of her fortieth birthday. Despite a successful career as a writer, and an exciting life in New York City, Glynnis was constantly reminded she had neither of the things the world expected of a woman her age: a partner or a baby. She knew she was supposed to feel bad about this. After all, single women and those without children are often seen as objects of pity or indulgent spoiled creatures who think only of themselves. Glynnis refused to be cast into either of those roles, and yet the question remained: What now? There was no good blueprint for how to be a woman alone in the world. It was time to create one. Over the course of her fortieth year, which this "beguiling" (The Washington Post) memoir chronicles,

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Glynnis embarks on a revealing journey of self-discovery that continually contradicts everything she'd been led to expect. Through the trials of family illness and turmoil, and the thrills of far-flung travel and adventures with men, young and old (and sometimes wearing cowboy hats), she wrestles with her biggest hopes and fears about love, death, sex, friendship, and loneliness. In doing so, she discovers that holding the power to determine her own fate requires a resilience and courage that no one talks about, and is more rewarding than anyone imagines. "Amid the raft of motherhood memoirs out this summer, it's refreshing to read a book unapologetically dedicated to the fulfillment of single life" (Vogue). No One Tells You This is an "honest" (Huffington Post) reckoning with modern womanhood and "a perfect balance between edgy and poignant" (People)—an exhilarating journey that will resonate with anyone determined to live by their own rules.

An entrepreneur is someone who has a great, innovative idea that identifies the need for the creation of a new business, taking on the financial risk in the hope of profit and driving that business forward in a measured way. This book draws on the stories, experiences and words of iconic business figures from around the globe and across the years - from Andrew Carnegie and Oprah Winfrey to Steve Jobs and Sunil Mittal. Each chapter deals with a specific aspect of entrepreneurship and the lessons they can teach us, such as:

- If you want to become big, you need to think big. If you're content for your business to tick over, that's fine. But if you want it to be a world-beater, you need a world-beater's mindset
- Don't forget what makes your business scalable in the first place
- Prepare your company for growing pains. Expansion brings inevitable problems but an entrepreneur should do everything possible to ready their business
- Try to predict what lies ahead - but remember Warren Buffet's wise words: 'Forecasts usually tell us more of the forecaster than of the future'

Each

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study includes quotations from and about its main subject, along with words of wisdom from other relevant famous names. Informative, educative and thought provoking, How to Think Like an Entrepreneur presents the ideas and methods of the business greats, allowing the reader to expand their understanding of what drives and informs successful entrepreneurship.

This book is an inspirational guide for those willing to use the often neglected, ordinary everyday occurrences to achieve extraordinary exploits. With a blend of wit, intelligence and superb prose, this book is a tool for anyone looking not just to make a change but to be the change. It will have your adrenaline rushing as each word is filled with a passionate push to make a difference at work, at home and in your community. The book showcases how people can use their character, creativity and competence to enact a new lease of life in their personal lives and across the globe.

Elijah is nothing special. He's just a skinny kid doing his best to stay one step ahead of starvation and the people who would have him locked away in a labour camp - just another Runner. But what he stumbles upon in a forest in Hampshire shows him that the harsh world he knows will become an even more sinister place, unless he can stop it. As past and present and parallel dimensions collide, freedom becomes the last thing on his mind as he is suddenly faced with a battle to save his world from extinction. But before Elijah can find the courage to be the hero the world needs, he must banish his own demons and learn to trust his friends. And all the while, the sinister figure of Maxwell Braithwaite looms, his path inextricably bound to Elijah's by a long dead physicist, and hell bent on stopping Elijah, whatever the cost.

Dating. Isn't there a better way? Reorder your romantic life in the light of God's word and find more fulfillment than the dating game could ever give - a life of purposeful singleness.

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A touch, a tear a tempest...is more or less a synonym, a metaphor for the process of poetry. It all begins with a touch, after all. A touch in the heart, soft and bittersweet, that gives rise to a mist of thoughts and feelings...and eventually, culminates in a storm of words. This book, with its diverse collection of poetry, though mostly personal...aims at honoring the finer things in life, the emotional attachments, the deep-rooted memories, as well as our hopes, fears and fantasies. It also speaks of the intense and the tender side of love. From romantic love, to love of family, tears of betrayal to tears of beauty...this book raises a toast to all the elements of life.

Named a Best New Cookbook of Fall 2019 by the New York Times, Food & Wine, Epicurious, Grub Street, and more “I will keep this book forever in my collection because no one cooking today is doing more to help the Southern culinary flame burn brighter.” —New York Times “Masterful. . . . Mouthwatering, virtuosic.” —Publishers Weekly, starred review Southern food is one of the most beloved and delicious cuisines in America. And who better to give us the key elements of Southern cuisine than Sean Brock, the award-winning chef and Southern-food crusader. In South, Brock shares his recipes for key components of the cuisine, from grits and fried chicken to collard greens and corn bread. Recipes can be mixed and matched to make a meal or eaten on their own. Taken together, they make up the essential elements of Southern cuisine, from fried green tomatoes to smoked baby back ribs and from tomato okra stew to biscuits. Regional differences are highlighted in recipes for shrimp and grits, corn bread, fried chicken, and more. Includes key Southern knowledge too: how to fry, how to care for cast iron, how to cook over a hearth, and more. This is the book fans of Sean Brock have been waiting for, and it’s the book Southern-food lovers the world over will use as their bible.

File Type PDF Impossible Is Stupid By Osayi Osar Emokpae

It's time for employees and employers to wake up! As employees, are you stuck in jobs that are not taking you anywhere? If you are not being paid well, not being appreciated, not being listened to, not being promoted, not being involved in decisions, not being mentored or not being challenged, it may be time for you to reassess your situation. It may be the right time for you to Quit and seek a more suitable opportunity. As employers, are you stuck with an orthodox management style? Millennials-the Gen-Y generation, and the new Gen-Z are taking over the industry in a big way and changing the manner in which it operates. They are demanding the best for themselves and are not averse to moving on and looking for what is most appropriate for them. The book highlights the new generation's traits to help entrepreneurs understand future employee behaviour and the requirements of employee engagement. So, don't just sit. Wake up, shake things up and Quit unproductive activity. Re-plan and chalk out the best course for yourself. Mark Vale is besieged by financial and marital turmoil when he meets a group of contemporary alchemists. They take him on an astonishing journey and teach him to transform difficult situations into golden opportunities. Mark learns from wonderfully unlikely characters, from a billionaire to a beautiful topless waitress, and manifests an enormous financial windfall. But can his material success hold his family together? Mark embarks on the ultimate quest to understand how our values influence events. Author William Whitecloud brings a dazzling range of knowledge and experience — from a childhood in Swaziland immersed in supernatural worldviews to hermetic philosophy and esoteric speculation on the financial markets — to bear on this practical and magical look at what we really want, and how to get it. New York Times best seller Winner, James Beard Award for Best Book in American Cooking Winner, IACP Julia Child

File Type PDF Impossible Is Stupid By Osayi Osar Emokpae

First Book Award Named a Best Cookbook of the Season by Amazon, Food & Wine, Harper's Bazaar, Houston Chronicle, Huffington Post, New York Times, Philadelphia Inquirer, Pittsburgh Post-Gazette, Vanity Fair, Washington Post, and more Sean Brock is the chef behind the game-changing restaurants Husk and McCrady's, and his first book offers all of his inspired recipes. With a drive to preserve the heritage foods of the South, Brock cooks dishes that are ingredient-driven and reinterpret the flavors of his youth in Appalachia and his adopted hometown of Charleston. The recipes include all the comfort food (think food to eat at home) and high-end restaurant food (fancier dishes when there's more time to cook) for which he has become so well-known. Brock's interpretation of Southern favorites like Pickled Shrimp, Hoppin' John, and Chocolate Alabama Stack Cake sit alongside recipes for Crispy Pig Ear Lettuce Wraps, Slow-Cooked Pork Shoulder with Tomato Gravy, and Baked Sea Island Red Peas. This is a very personal book, with headnotes that explain Brock's background and give context to his food and essays in which he shares his admiration for the purveyors and ingredients he cherishes.

Do you think it's impossible for your life to be fabulous? Do you think it's impossible to beat loneliness and depression? Do you think it's impossible for a single woman to be satisfied with her life? Haven't you heard? IMPOSSIBLE is STUPID!---Praise for IMPOSSIBLE is STUPIDImpossible is Stupid, what a title for a truly inspirational piece. Reading through the draft copy of the book, amidst my busy schedule was a time wellinvested. The book is filled with nuggets of wisdom to fight loneliness and live a fabulous life.Impossible is Stupid, is a paradigm shift from conventional book writing. Osayi, I salute your courage in daring to write this book.Caution: Read only when you are ready to make realdecisions about your life.- Segun AkiodeNuggets for

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NoblesI loved it all.- Jackie PaulsonMy favorite chapter is 22 (stop cussin' yourself) This chapter really makes me cringe because I curse a lot when I'm angry and I never thought about how the words we use affect us more than the person we are using them on. It really makes me think twice about just shutting my mouth & not saying a word when I'm angry because if that's what it will take to make me better then amen to me!!- Velia Ronquillo-Auk, Colorfulsweets, Stockton, CAFunny, down to earth, practical and illuminating, the book will not only get you thinking but also acting. Although written primarily for women, any man readingit will obtain many useful hints on enhancing their relationship with the woman in their life.- Ayo Adebamowo, UK Author of A Life of ImpactThis book is a must read for every woman! Impossibleis stupid when you make the seemingly impossibleissues in life possible!- Itohan Osayi, M, Wife and Mother Lagos, NigeriImpossible is Stupid has been an added blessing in my life. I wish there was an android application and screensaver. What I like most is that each "beatitude"works without reading the paragraph that follows it, though you do want to read that. Thanks for your work.- Dege Vernet San Diego, CAImpossible is Stupid is honest, straight-forward, and easy to read for folks like me that don't read much. I could see myself gifting a book like this to a few people I know.- Mia JonesCre3sol, Baltimore MDWe Often Pray for God's Gift, but God's gift has been manifested to us through the life of this great daughter of Zion, Osayi Emokpae!! She is an inspiration to our generation today. Her book (Impossible is Stupid) will inspire, challenge, motivate and catapult you to another level. It will help you see your true self in the mirror, and challenge you to begin to take the necessary steps in God's direction as you unveil your true worth, and discover your true purpose; not just as a woman who has been through ups and downs in relationships, but as a child of

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God.Woman thou art loosed, for truly Impossible is Stupid.A dynamic book! One of a Kind!! A must Read!!!- Abies Adeyeri Miami, FL

Life is indeed a game that we all play to pass time; simply a series of days strung together, made up of how you planned or decided to spend the moments. Like any game how well it is played or whether life's circumstances are interpreted accurately, then used to the best advantage, makes losers and winners to varying degrees. Senseless insanity is alive and well within the world. The world is awash with unruly forces, that if not intent upon harming you do desire to become a destabilising force, either temporarily or over the long term. We are all participants in a charade, how life evolves and turns out all depend on how well the game is played. It is not wise or ideal to treat life like a game of chance, a random roll of the dice that can determine unpredictable outcomes. The cost of success is the careful application of well thought out concepts and ideas. Like any game preparation is critical; understanding the rules, knowing how to manipulate the dynamics at play efficiently to ones own advantage, understanding the intricacies of the rules and how to capitalise upon or create opportunities, pursuing whatever circumstances are present to maximise whatever potential exists to the best advantage. The potential opportunities in life are only limited by the inability to firstly comprehend them and secondly to fully utilise personal abilities to maximise the potential that is available. Don't wait for special times to evolve, rather create them in accordance with your true desires to experience what you wish to make real. Much like any game, the game of life has things that can be obtained, or things that can be lost. How the game is played, the value of the stakes, the opposing factions all come to dictate an outcome, be that favourable or lacking any resemblance of being lucky. A life lived based upon any

