

Encyclopedia Of Crystals Revised And Expanded

Cosmic Crystals shows you how to work with the phases and signs of the moon to energize and amplify the power of your crystals. Living in sync with the rhythm of the lunar cycle is a powerful way to stay aligned to universal energy. Crystals and moon magic have been used together to this aim for centuries. Crystals are natural amplifiers of energy that can be used to enhance your connection to the moon and its healing energy. Learn crystal meditations and rituals for each moon phase, as well as which crystals are most potent during New Moons, Full Moons, and other lunar events. Cosmic Crystals shows you how to combine the power of lunar energy and healing crystals to create sacred space, set intentions, and manifest magic and abundance in your life. For each moon, find information on how to work with its corresponding crystals and energetic qualities, along with lists of its associated herbs, colors, essential oils, animals, and deities. Written by leading crystal expert Ashley Leavy and including lavish photography, this beautiful book will have a place on every crystal enthusiast's book shelf.

Crystals contain ancient power—and with the right knowledge, we can tap into it. The Encyclopedia of Crystals puts this information in your hands in the form of an illustrated compendium to all types of crystals. Crystals aren't simply stones; when the right crystal is used appropriately, its power can physically heal, invigorate, cultivate love, and even boost creativity. In The Encyclopedia of Crystals, crystal expert Judy Hall draws on over 30 years' experience of working with crystals to provide the definitive reference. Organized by crystal color for easy reference, The Encyclopedia of Crystals explains how the colors of crystals relate to the chakras, shows you how to cleanse and activate your crystals, and provides helpful, authoritative advice on healing, meditating, energizing, and more with nothing more than the power within your crystals. In this lavishly illustrated encyclopedia, you will also find information on crystal history, geology, and chemistry, as well as newly discovered stones. This is an essential addition to the library of anyone who works with crystals.

Crystals have been revered for thousands of years for their healing and protective properties. In The Encyclopedia of Crystals and Healing Stones Judy Hall draws on 30 years experience of crystals to provide the definitive reference guide to over 300 crystals and stones. You will learn how to use crystals for healing and protection, how to cleanse and store your crystals and how you can use crystals with your chakras. Lavishly illustrated and organized according to colour for ease of use, this book includes information on more than 150 newly discovered stones and new material on geology and fluorescent properties. It is the essential book for everyone working with crystals.

'Author of the excellent The Crystal Bible, Judy Hall is truly a master of her subject and the book is a clever idea well executed.' Paradigm Shift Listing over 1,200 symptoms, this is a practical first-aid guide based on sound crystal-healing principles that have been practiced for millennia. Crystals are a gentle, non-invasive system of holistic healing with no side effects. Suitable for children and animals, they can also benefit your environment and your home.

Presents information about one hundred types of crystals and how they can be used to enhance one's love life and deal with relationship issues.

This third volume of the bestselling Crystal Bible presents more than 250 new generation, high-vibration stones for healing and transformation. Included are many rare minerals whose esoteric properties are not described elsewhere. This essential guide also includes a section on crystal skulls, crystal beings, Madagascan stones, and how to work with the "new" chakras, such as the Soul Star and Manifestation chakras, that are stimulated by the powerful crystals featured.

The Ultimate Guide to Crystal Grids shows novices and seasoned crystal practitioners alike how to construct crystal grids to create, heal, and manifest goals and intentions. Written by the world's leading crystal expert, Judy Hall, The Ultimate Guide to Crystal Grids outlines the specifics of constructing an effective grid, how to harness the power of sacred geometry, and which crystals are most effective for particular grids and purposes. Perfect for the beginner or advanced grid practitioners, this guide book features over 50 grids, including beginner and advanced grids based on specific geometric templates so practitioners learn the foundation of grid creation. You'll learn to use grids on specific topics and purposes, including attracting prosperity, long-distance healing, and protecting the home. Filled with hundreds of photos and illustrations, plus step-by-step shots, this truly is the ultimate guide.

The Crystal Bible has become the world's favourite crystal reference guide, having sold over a million copies. The directory format enables you to find a known crystal instantly or to identify an unknown crystal. It covers the practical and esoteric properties of each stone, including spiritual, mental, psychological, emotional and physical effects, plus its use in crystal healing. Encompassing traditional and contemporary crystal lore, this book draws on Judy Hall's 35 years of experience in this field. It is an indispensable reference for crystal lovers everywhere.

A comprehensive and beautifully illustrated guide to crystals. Find a known crystal instantly or identify an unknown crystal in this easy-to-follow directory that includes photographic identification, detailed descriptions, and information on the individual properties of each crystal—including the spiritual, mental and psychological, emotional and physical effects, plus its use in healing. It's an indispensable reference for crystal lovers everywhere.

Provides information on all known gemstone species and varieties, discussing physical properties, occurrence, chemistry, availability, rarity, and market potential, and includes complete data on synthetic gems

Shows and describes the characteristics of over two hundred gems and minerals

Practice an ancient magic that is both natural and powerful—the elemental Earth magic of crystals, stones, and metals. This comprehensive and clear guidebook by Scott Cunningham has introduced over 200,000 readers to the secrets of over 100 gems and metals. Learn how to find and cleanse stones and use them in divinations, spells, and tarot card readings. Discover how to determine the energies and stories contained within each stone, and the symbolic meanings of a stone's color and shape. Also included in this classic guide: A 16-page, full-color insert, new with this edition Birthstone and jewelry magic lore Tables listing both planetary and elementary rulers of stones, magical intentions, and magical substitutions

Discover how crystals can enrich your life with The Little Book of Crystals - from bestselling author and crystal expert Judy Hall. This enchanting little guide contains everything you need to enhance your life using crystals. Focusing on 15 key crystals, each recommended to complement a particular area of your life, Judy Hall provides essential information on how to choose, use, cleanse and programme your chosen stone. Whether it's Rose Quartz to improve your relationships, Goldstone to bring you wealth or Selenite to strengthen your spiritual practice, this crystal toolbox contains all you need to harness the power of crystals

In this lavishly illustrated guide is all the information needed to choose, cleanse, and program crystals. Along with a colorful directory and explanations of the different types, see how to use your special stone to find a soul mate and improve relationships. Restore the body with crystal medicine and chakra healing, relieve stress, turn stones into talismans and amulets, perform

crystal divination, and more.

With more than 45 years of experience in crystal healing, expert author Judy Hall is a leading authority on the use of crystals for personal and spiritual development. In this stunning book, she presents a curated collection of powerful crystals and beautifully communicates how these extraordinary entities can be employed to enhance our lives. With chapters on the body, heart, mind, spirit, children, karmic clearing, ancestral healing, grounding and protection, and home and environment, and with in-depth descriptions of both the practical and esoteric properties of each stone, Judy Hall's Crystal Companion is essential reading for crystal lovers everywhere. Featuring fresh, new photography and a clean, modern design, this book truly captures the striking beauty of the featured stones. Inside you will find that the colour-coded design ensures the ease of identification and navigation, making the guide suitable for entry-level and experienced crystal workers alike.

"From crystals and herbs to flowers and essential oils, this comprehensive guide shows you how to use a variety of New Age elements to enhance your life. Each page includes information on their attributes, healing properties, and how they can be applied in any situation. With detailed descriptions and an informative glossary, you can quickly discover the New Age element that best serves your purpose, whether it's promoting healing, activating creativity, or bringing about good fortune"--Amazon.com.

The Crystal Bible Volume 2 provides an essential companion reference to the original bible, fully describing the properties of over 200 crystals not found in volume 1. Featuring new information on crystals for energy enhancement and healing grids, the historical use of crystals from biblical times to the present day and the latest updates on geological research, this comprehensive guide offers detailed analysis on the extensive range of new crystals on the market. This book also provides essential information on cleansing crystals, types of crystals and crystal shapes to give the reader extensive knowledge of their chosen stones.

Featured in Kindred Spiritmagazine, this third volume of the best-selling Crystal Bible books presents more than 250 new generation, high-vibration stones for healing and transformation. Included are many new and rare minerals whose esoteric properties are not described elsewhere. This essential guide also includes a section on crystal skulls, crystal beings, Madagascan stones, and how to work with the 'new' chakras, such as the Soul Star and Manifestation chakras, that are stimulated by the powerful crystals featured. Your Crystal Bible Volume 3 includes... Crystal Reference Crystal Innovations Crystal Beings Crystal Structure High Vibration Crystals Exploring Crystal Potential Crystal Skulls Building in Stone The Madagascar Stones Crystal Directory Awakening Crystals Physical and Subtle Anatomy Chakras Associations The 'New Chakras Healing Grids Making a Gem Essence ...And Much More!

From choosing and using to programming, charging and cleansing, Crystals is a modern guide to enhancing your life with these enchanting stones. Often referred to as 'wisdom keepers', crystals hold millions of years of the Earth's history within them. Through emitting steady vibrations, they will help you to become more centered and balanced, creating spaces of Zen around you and your home. Featuring 60 of the most common and interesting crystals, this is a practical guide that will teach you about each stone's individual properties and how to harness their powers. Discover which crystals are right for you, where best to position them, the perfect pairings and learn how to look after your crystals on a daily basis to deflect any negativity in your life. Whether you use Fluorite to increase your productivity, Smoky Quartz to detoxify or Rose Quartz to create harmony in your relationships, this practical guide will equip you with all you need to harness the power of your crystals. Disconnect with the digital world and reconnect with your spiritual self as Crystals provides a fresh take on crystal healing that helps you to enhance your inner positivity.

Crystals and Crystal Structures is an introductory text for students and others who need to understand the subject without necessarily becoming crystallographers. Using the book will enable students to read scientific papers and articles describing a crystal structure or use crystallographic databases with confidence and understanding. Reflecting the interdisciplinary nature of the subject the book includes a variety of applications as diverse as the relationship between physical properties and symmetry, and molecular and protein crystallography. As well as covering the basics the book contains an introduction to areas of crystallography, such as modulated structures and quasicrystals, and protein crystallography, which are the subject of important and active research. A non-mathematical introduction to the key elements of the subject Contains numerous applications across a variety of disciplines Includes a range of problems and exercises Clear, direct writing style "...the book contains a wealth of information and it fulfils its purpose of providing an interesting and broad introduction to the terpenes." CHEMISTRY WORLD, February 2007

Details the powerful effects of gems as an alternative therapy for physical, psychological, and spiritual healing • Reveals the physical, healing, and astrological properties of over 70 minerals, along with instructions for maintaining and recharging their powers • Examines the "life" energy of stones, their basic vibratory patterns, and how this energy is used therapeutically to treat various disorders • Shows how to use gems in color therapy and to harmonize the chakras Gemstones have been used for both therapeutic and spiritual purposes since the beginning of time and in all traditions. Used properly, they can contribute to and accelerate healing through the practice of lithotherapy, which uses gems and minerals to restore enzymatic functions, and they can energize spiritual development. Alternative medicines such as homeopathy have given prominence to the therapeutic character of certain minerals, but the use of gemstones in expanding awareness or establishing a holistic, energetic connection with the stone itself have scarcely been brought forward. In this reclaiming of ancient wisdom, Florence Mégemont explores the many potent and beneficial dimensions of the mineral world. Over 70 precious and semiprecious stones are inventoried as to their principal deposits, therapeutic applications, and zodiac correspondences. Readers will discover which physical and emotional disorders can be relieved by using which minerals and--with the application of chakra therapy--which gemstones are indispensable to their spiritual health. While not proposing that lithotherapy is a substitute for traditional allopathic treatment, Mégemont shows that it can be a powerful complement to it. Additionally, stones can act preventively, energizing both our health and spiritual resources to a state of balance and attunement.

The ultimate guide to using crystals for healing, wellbeing, and creating harmony Crystals are teachers. They conduct and transform our energy to help us to discover our true selves and attain our natural state of peace, quiet joy, and inspired creativity. Crystals: A Guide to Using the Crystal Compass for Energy, Healing, and Reclaiming Your Power is the ultimate guide to using crystals in every aspect of your life. Designed to accommodate the beginner crystal practitioner or merely someone who is interested in learning how crystals work, the book explains the major types of crystals, the best ways to use them, and helps you select the right type of crystal depending on your needs and desires. Using the knowledge in Crystals you'll be able to use these healing stones to: - Transmute stress, tension, and disharmony - Unlock your internal wisdom and intuitive power - Nourish your health and vitality - Reclaim your power and follow your soul path - Cleanse, protect, and purify your spaces Crystals provides an easy to use, full color chart—the Crystal Compass—that helps you diagnose the root cause of tensions in your life, so that you can select the crystal and healing method that you need to experience holistic healing and powerful transformation.

The Encyclopedia of Crystals is organized by colour for easy reference, and the comprehensive index makes finding and identifying crystals effortless. Each entry provides a detailed description of the

crystal's source, benefits and associations. In addition, you'll also learn fascinating facts about their properties and origins. If you work with crystals or you simply love everything mysterious and magical about them, then The Encyclopedia of Crystals is an essential addition to your library.

A comprehensive introduction to chakras, featuring the seven major energy centers of the body, their function, and the ideal way to heal and balance them, details each of the chakras, their associated color, Indian deity, healing stone, and emotional and physical actions and includes step-by-step yoga exercises. Original.

The ultimate guide to crystals and how to use them! In The Encyclopedia of Crystals, Judy Hall draws on over 30 years' experience of working with crystals to provide the definitive reference. Lavishly illustrated, featuring newly discovered stones and providing new materials on geology and fluorescent properties, this is an essential addition to the libraries of everyone working with crystals. Organized by crystal color for easy reference, this gorgeous guide relates the colors of crystals to the chakras, tells readers how to cleanse and activate them, and provides helpful, authoritative advice on healing with crystals.

Simple and effective ways to use crystals in order to boost and protect your personal energy field, helping you feel healthier, calmer and revitalized. This book has all the crystals and tools you need to clear, heal and protect your energy field and environment, whether you feel your relationships drain your energy, you struggle to set boundaries, or your body is under attack from pollutants or technology overload. You'll discover: · The effect of electromagnetic stress on your energy field · Crystal solutions to balance the chakras and subtle bodies · How to strengthen your boundaries and protect yourself from toxic energy · Crystals to help you clean and clear the space around you · All you need to know to understand your energy field and ground yourself on the planet This is an expanded and updated edition of the book previously titled Crystals for Psychic Self-Protection with a new, stunning selection of colour photographs and a new section on 'Understanding Your Energy Field'. 'Crystal guru Judy Hall has put together yet another simple manual, this time to reveal how powerful gems can protect and enhance energy levels.' Soul & Spirit magazine

Ready to create positive change in your life? Discover the power of crystals to heal mind, body, and spirit. Whether you're working through grief or holding onto grudges, seeking love or increasing gratitude, Crystals for Healing offers the basics for beginners to explore the deep connection between mind, body, and spirit. Learn the fundamentals to clear emotional blockages, stimulate creativity, and elevate your mood through the vibrational power of healing crystals. Discover a more fulfilling life through the power of crystal healing as explained by ordained metaphysical minister, intuitive energy healer, and Usui Reiki practitioner Karen Frazier.

The Encyclopedia of Crystals, New Edition Godsfield

The definitive resource for working with powerful crystals! Sparkling, luminous, and colorful, it is no wonder crystals have always been regarded as a source of power from ancient times to present day. But with the enormous number of crystals now on the market, it is difficult to choose exactly the right stone. In 101 Power Crystals, internationally renowned crystal expert Judy Hall brings together 101 crystals that are powerful across a wide spectrum of uses and suitable for all types of user. Not all crystals suit everyone, and the selection has been specially chosen to offer alternatives and new possibilities that may not have been thought of before. This distinctive collection includes high vibration crystals that experienced crystal practitioners will want to explore as well as those with earthier vibrations that are suited to beginners or those developing their sensitivities. It also features some rare and recently discovered crystals and stones that have not been included in any other volume, such as Aurora Quartz, Que Sera, Trigonon Quartz, and Preseli Bluestone. Each entry covers the history, mythology, and symbolism of the crystal in addition to its healing properties and environmental effects. There are crystals and stones for love, health, protection, abundance, and many other powers.

Crystal Healing for Women A Modern Guide to the Power of Crystals for Renewed Energy, Strength, and Wellness Discover the physical, mental, and spiritual healing power of crystals and awaken the healer within. Believed to hold restorative powers over our health, crystals have served humanity for millennia. With Crystal Healing for Women, you can unlock the ancient secrets of healing and wisdom held within these stones. Crystal healer and Reiki Master Mariah K. Lyons shares her knowledge in this beautifully-illustrated, practical guide that helps women awaken to their feminine divinity and healing powers, and rekindle their instinctual relationship with nature. She also shows you how to select and care for crystals and incorporate them in rituals. You'll learn to intentionally utilize crystals, helping you to find deeper levels of spiritual growth, integrated healing, and sustainable well-being. Crystal Healing for Women features: • Crystal healing fundamentals: How crystal vibrational energy works as well as how to activate, charge, and cleanse your crystals. • 40 energetic self-care rituals: Daily and seasonal wellness practices plus focused healing and manifestation for fertility, pregnancy, the feminine cycle, anxiety, creativity, and love. • 50 healing crystal profiles: Modern interpretations, individual features, and beautiful photographs of stones with energetic properties and healing compatibilities. • 10 key crystals for women: An in-depth look at select stones chosen for their potency, healing power, and connection to Divine Feminine energy. • Crystals in everyday life: Where to place them in your home and on your body and how to work with them and create crystal-healing grids.

Cassandra Eason's unique directory offers accessible information on more than 150 crystals. Each crystal is explored in detail and set in context with its associated mythology, herbs, oils, incenses and astrological significance. Divided into sections by colour, the book describes methods of crystal healing, colour wisdom, ways of working with chakras and aura, and the basics of crystal divination and magic. Learn how to select crystals that are protective and empowering, and how to use them in the work place, home and with children, plants and animals. You'll also discover how to make the most of crystals in the modern world: for decision-making and for cleansing homes and workplaces of pollution, adverse affects of technology and negative earth energies. This book is not only a comprehensive reference work for beginners and crystal experts alike, it is also an essential workbook, whether you use crystals to bring peace to your home or are a healer looking for new ideas. Previous edition ISBN: 9781843402466

Crystal therapy has long been used as a gentle system of holistic healing. By drawing on the unique qualities of crystals such as quartz and amethyst, you can balance the energy fields around your body, home and office to bring well-being, and gain health benefits. Crystals can help soothe emotional problems such as anxiety, mood swings, or

shyness, as well as physical symptoms such as migraines and allergies. In addition, crystals can act as natural energy boosters and aid in detoxifying our systems. With crystal remedies for more than 250 common ailments and a directory of 250 crystals, as well as detailed explanations of the most effective healing methods, this book is the ultimate guide to healing with crystals. Illustrated with colour photographs, and supplemented with practical exercises and case studies, The Crystal Healer is the ultimate practical reference from a highly respected healer and teacher. Philip Permutt discovered crystals fifteen or so years ago after a severe illness. He has been practising as a crystal healer and teacher ever since. He owns and runs iSiS Crystals, the largest and most successful crystal shop in the UK, and its integral healing centre. Philip is a dowser and uses this ability, together with the magic of crystals, to change the energies in people's homes, offices and shops. Philip has lectured at the University of Hertfordshire on crystals and crystal healing and has a degree in Applied Biology from London University; his articles have been published electronically and in journals.

Hay House Basics is a comprehensive new series being launched by Hay House. These introductory titles cover core topics in the areas of self-development and mind, body, spirit. Clear and concise, these books aim to de-mystify popular esoteric subjects so that anyone can understand them. They explore the benefits these techniques can have for the reader's life, and provide recommendations and suggested next steps for them if they wish to study the topic on a deeper level. Crystals: How to use Crystals and their Energy to Enhance Your Life is an illuminating guide to working with crystals that will show you how to sense the energy of these precious stones and choose the right ones to support you in different areas of your life – from health and abundance to relationships and career. Learn about the different techniques and exercises that you can use to connect with their powerful energy and discover: • how to cleanse, charge and attune your crystals • how crystals work • how to work with the aura and the chakra system • crystal healing • working with crystals for meditation and expanded awareness • using crystals for self-protection and energy enhancement • how to connect with the crystal skulls and the crystal oversouls • ...and much more! This book takes you through everything you need to know about these beautiful gems and the immense benefits they can bring to your life.

A vital resource for scholars, students and actors, this book contains glosses and quotes for over 14,000 words that could be misunderstood by or are unknown to a modern audience. Displayed panels look at such areas of Shakespeare's language as greetings, swear-words and terms of address. Plot summaries are included for all Shakespeare's plays and on the facing page is a unique diagrammatic representation of the relationships within each play.

A practical, step-by-step guide to working with crystals for healing, protection and spiritual development. Judy Hall is an internationally recognized crystal expert with over 45 years' experience in crystal healing. In this illuminating guide, she shares the immense benefits that working with crystals can bring to your life. She explains how to use crystals to increase your energy, enhance your wellbeing, keep calm in a crisis and change the way you think and live. You'll also learn about the different techniques and exercises that you can use to connect with the gems' powerful energy. Discover: - how crystals work and how to choose the right ones for you - how to cleanse, charge and attune your crystals - the many things that crystals can help you with - ways to use crystals for healing the mind, body and emotions - how to use crystals for self-protection and energy enhancement This book was previously published under the title Crystals (Hay House Basics series).

A complete guide to collecting and using crystals, covering their meaning, physical characteristics, and healing properties. Crystals divides the earth's most significant minerals into twenty color bands and explores the meaning and healing qualities of each color ray alongside the properties of the stones. A beautiful crystal color directory and crystal gallery profile over one hundred of these extraordinary works of nature. Detailed information on the effect each crystal has on mind, body, and spirit is combined with practical advice on crystal healing

An illustrated encyclopedic explanation of the therapeutic uses of crystals and gems.

Within every crystal is a message. Each stone has a story that can teach and heal us if we reflect deeply on its image. Written by the world's leading crystal expert, Judy Hall, The Crystal Seer is a portable crystal reference and oracle. Readers can peruse the pages until their finger catches a page or simply choose a stone that speaks to them. Each entry includes a dazzling full-color crystal image and explains its magical power and how it can be used in meditation and ritual. Whether used intuitively or as a reference guide, The Crystal Seer will show you how to tap into the power of the stones.

"A comprehensive reference guide to the spiritual healing qualities and scientific properties of hundreds of sacred crystals, minerals, and gemstones, this book includes color photographs to aid in stone identification"--

Definitive guide to the enchanted world of crystals and gems Did you know that wearing an amulet of green jade on an interview will help get the job? Have you heard that an amethyst ring can help break bad habits and even encourage sobriety? Anyone looking for love can place two pink quartz crystals in the bedroom; you'll not be alone for long! These are just a few of the hundreds of secrets shared in this definitive guide to the enchanted world of crystals. Semi-precious stones and gems have long been known for their magic as well as their beauty. In this book of charms, readers learn everything there is to know about the powers of crystals from birthstone magic to gem divination to jewelry spells. This is a fun, entertaining, and enlightening book that will appeal to everyone who's ever worn a birthstone, kissed the ring of a lover for luck, or bought a crystal for good energy. The Magic of Crystals and Gems is a treasure chest filled with the ancient wisdom of crystals. It is also a handy how-to filled with little-known lore along with the myth, meanings and specific magical qualities of hundreds of crystals, both common and very rare including many meteorites. Author Cerridwen Greenleaf shares secrets to how and

why crystal balls work, scrying with obsidian, crystal astrology, divination, healing, psychism and connections between the stars in the sky and gems of the earth. This one-of-a-kind work on the power of crystals will help readers understand which ones are right for them and how to unlock the mystery of sacred stones. It belongs on the bookshelf of everyone interested in the magical gifts of Mother Nature.

- Features beautifully lit, color photos of each stone to aid in identification and to showcase the beauty of the crystals and gemstones
- Provides a description of each stone, a quick-look list of keywords, elemental and chakra correspondences, scientific data, and the story of each stone's beneficial physical, emotional, and spiritual qualities
- Based on the bestselling *The Book of Stones: Who They Are and What They Teach* Detailing the spiritual and healing qualities of 390 members of the mineral kingdom, *The Pocket Book of Stones* is condensed reference guide to crystals and gems based on the bestselling *The Book of Stones: Who They Are and What They Teach*. This portable A-to-Z guide features beautifully lit, full-color photos of each stone to aid in identification and to showcase the beauty of the crystals and gemstones. This updated edition describes 47 new stones not covered in the original *Pocket Book of Stones* and contains a comprehensive index of the spiritual, emotional, and healing qualities of the stones. Every entry contains a vivid color photo, quick-look list of keywords, elemental and chakra correspondences, plus the beneficial physical, emotional, and spiritual qualities of each mineral, crystal, or gemstone. Author Robert Simmons provides a description of each stone, including scientific data and the story of each stone's spiritual and healing qualities, as well as recommendations for other stones that combine harmoniously with it. The scientific information offered provides a familiar frame of reference for those not yet familiar with crystal energies and also broadens the knowledge of those who come to stones primarily for spiritual purposes. This book provides an ideal introduction to stones and their energies for those who are new to the field as well as an invaluable portable reference for well-versed readers.

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